

Our Roots Kenya

We touch the ground

Gioto Sports

Our wonderful Sports and Education programme is located in the heart of Nakuru's only dumpsite known as 'Gioto'. It is a home to approximately 200 families (some are internally displaced person). This particular project is very dear to Farah because it inspired her to believe that 'one person really is able to initiate a positive movement'. It took 2 years for her to gain the community's respect and trust as they are generally sceptical of foreigners. Their way of life has attracted a huge amount of tourists over the years which makes the community feel exploited and disrespected by being seeing as a display to outsiders. But, after a great deal of persistence, perseverance and being faced with the challenge of acceptance, we finally formed a beautiful football team and free of cost weekly tuition classes!



It certainly took a lot of sweat and tears to help empower a small community who started seeing light of hope in form of a simple gesture. Sports also gave us the upper hand to encourage further education and personal development through 2 hours of weekly tuition classes (within Gioto). We have been working towards helping the children improve their general school performance, personal

and physical growth. Most importantly, we are able to identify a child or a family in need.

We also great pride in knowing that ever since the project was implemented, 17 children successfully beat drug addiction. Such results made our belief stronger and earned us unconditional love and trust from the community.

It is indeed a magnificent opportunity for those who wish to experience the best of both worlds.

Join us, and see for yourself how an act of kindness can change your life and many others

See, how the culture of love and sharing dominates the dumpsite...

It has been a life changing for many.

Sports training: Mon-Fri from 1800-1900

Tuition: Every Saturday at 1400 - 1500

Sunday games: 1100- 1230



Pangani Special School

Do you wish to gain on the ground experience with the children of special needs in Nakuru, Kenya? It is one of Nakuru's largest slums where disabilities are frowned upon or perceived as a curse. As a result, most children are either killed at birth or victimised at a later stage.

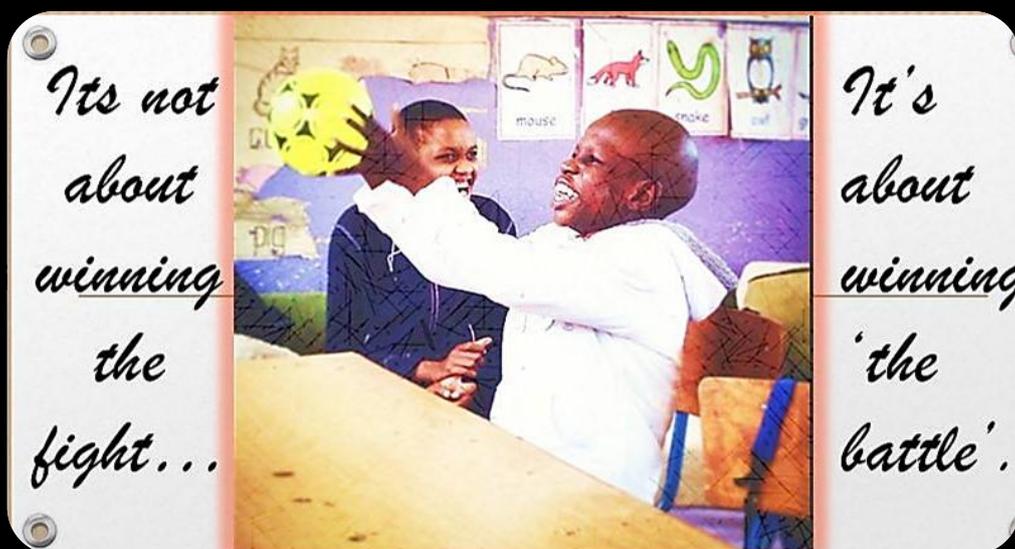
The school works very hard to help change the general attitude towards this matter and together we find ways to do so. We therefore, introduced obligatory 'parents group meeting's where we able to answer questions by the parent/guardian of the children and discuss how to deal with the challenge they are faced with.

We also provide Occupational Therapy and not only we welcome volunteers to share their knowledge with the children but, also the staff for consistency and a long term impact.

Working in Pangani can be extremely overwhelming so, we ensure that you are NOT given long working hours during the first two weeks of your arrival. We always advise you take your time to understand the challenges, condition, resources before the commencement of your actual allocated hours.

The children and the teachers are a bundle of joy to work with along with an experience you will forever cherish. It is nonetheless, an eye opener for those who wish to make an innocent child in pain... smile.

Come, and make a difference...



Nyamathi Clinic

Would you like to volunteer as a;

Nurse

Midwife

Medical researcher

Assistant Community Outreach Officer

Nyamathi Clinic is a small clinic providing free of cost maternity facilities, medical care, community out reaches and HIV/AIDS consultation. It is situated approx. 10 kms outside of Naivasha town (47 kms outside of Nakuru and 100 kms before Nairobi). Being part of our Nyamathi family, you will enhance your knowledge on tribal beliefs vs. medical help and explore our ethos of saving a life without disrupting regular customs and traditions.



During your time in Naivasha, we suggest that you should take the opportunity to embrace the wonders of nature and wildlife. Since, the clinic overlooks Mount Longonot (a dormant crater), you can't help but spend a day hiking and enjoying the breath taking views from the top!

If you wish to indulge and treat yourself, you can do so by visiting incredible and elegant natural spas and 7 star treatment.

You receive a weekend get away in one of the most beautiful camping resorts by the lake sitting in the core of The Great Rift.

All this and much more...

Enhance your medical profession and share your skills while you explore and enjoy



Assistant Social Researcher

The social research programme focuses on the coast side of Kenya, Mombasa, Kalifi and at the border of Kenya and Tanzania known as Namanga.

Kalifi:

The coast of Kenya is truly exotic and a mini paradise on earth nonetheless, it is unfortunately, one of the hubs of trafficking, sex slavery and child labour as well. We intend to expand our research on social factors, especially;

- Religion vs. culture*
- Tribal beliefs and cultural relativism*
- Root of the raising industry of sex slavery and child labour*
- Local Governance and its impact*

Accommodation:

For security purposes, we will house you in a beautiful remote island of North Coast, Mombasa overlooking the gorgeous white sandy beach and clear blue Indian Ocean.

You will be required to travel approx. 25kms out of the island on agreed days to pursue your research. Minimum hours: 16 hours a week.





Namanga



General population of Maasai tribe and nomads in a semi desert village bordering Tanzania and Kenya. Your research will focus on;

- *Early child marriage*
- *Female genital mutilation*
- *Attitude towards special needs*
- *Polygamy*
- *HIV/AIDS and other health related issues*
- *Sex slavery*
- *Child labour*
- *Significance of Education*
- *Human trafficking*



Accommodation:

You will be housed on the brow of a mountain overlooking Tanzania and the view of Mount Kilimanjaro. You will be hosted by a young local couple providing you with comfortable and spectacular housing. You will get the opportunity to explore the hidden challenges of Namanga and humanity.



Cost:

\$2,500 or £2,000 one off payment (excluding flights) and \$50 or £70 thereafter per month. The cost covers:

20% of the payment is donated to the chosen project

Accommodation

Airport pick and drop and One get away weekend

The remaining cost is diverted towards our one off community development projects such as: Boarding School in Kenya, clinic, build a home in Indonesia, Kenya, Philippines, Laos or Thailand, build classrooms in Laos

Payments can be made using our paypal on the website which helps us save extra bank charges.

Charging volunteers has never been the Founder's belief but, over the years, as the projects grew, we started receiving numerous requests from the communities. We have faced many challenges in terms of fulfilling the requests and ability to provide urgent aid. We failed to deliver in time of need due to the lack of funds. The organisation operates on a very personal level but, the growth and demand led us to finding avenues for long term sustainability and prosperity hence, the charges!

Visa:

*Because we a small **Community Based Organisation** and **NOT** an NGO, you can either;*

- Get three month's visa on arrival as a tourist - \$50*
- Get an East African 3 months visa from the country of departure (usually takes less than 2 weeks) for \$100. This will certainly be cheaper if you wish to travel within East Africa. This is personally recommended for social researchers.*
- Apply for a volunteer visa (usually takes 4-6 weeks).*

We will provide you with the necessary paperwork for the visa upon request

Come and be part of our journey. Share the joy and sorrows as one and inspire others to do the same...

